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# At Home with RWC

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*Your Home. Our Exceptional Care.*

- Personal Care •
- Companion Care •
- Nursing Care •

## **At Home with RWC**



At Home with RWC brings personal, companion and nursing care right to your doorstep. We offer a professional and loving alternative for those who need additional support, temporary or long-term, to maintain their independent living arrangements. At Home with RWC is backed by the 30-year history and experience of Rappahannock Westminister-Canterbury as a continuing care community for older adults in Virginia's Northern Neck, Middle Peninsula and beyond.

## What We Do

At Home with RWC offers personal and companion care to help with:

- Bathing
- Grooming and dressing
- Meal preparation
- Bathroom assistance
- Mobility
- Medication reminders
- Shopping
- Bill paying
- Transportation
- Housework
- Pet sitting

Our nursing care includes:

- Registered Nurse oversight
- Disease education and support
- Guided exercises
- Blood sugar testing
- Dressing and bandage changing



**At Home with RWC offers individualized care plans that encourage independence and promote quality of life.**



## How We Provide Care

Employees of At Home with RWC are professionally trained and personally committed to you and your loved ones. They undergo a stringent hiring process and, upon hire, are required to regularly complete continuing education courses in order to provide the highest-quality care. This also ensures that At Home with RWC staff are provided with the most up-to-date methods of care related to dementia as well as the ability to provide the most compassionate care for the aging.

As care needs may change at any time, our team understands the importance of nurse availability. A supervising Registered Nurse is accessible to our clients and their families during business hours, and staff remain on call 24/7. Care plans are customized based on each client's specific needs. Plans are created not only to encourage independence but also to promote the highest possible quality of life.

Caring for you and your loved ones is both a pleasure and a priority for us. At Home with RWC is a team of dedicated and dependable individuals who are devoted to providing care when scheduled, and work hard to implement uninterrupted care when assigned staff members are absent from work due to illness or pre-planned time away. At Home with RWC is a licensed, home care organization, bonded and insured.



Peace  
of mind.



## About RWC

Established in 1985, Rappahannock Westminster-Canterbury is a continuing care community that provides the highest-quality living experience for senior adults. Located on 165 acres in Virginia's Northern Neck, RWC is home to those who wish to maintain an independent lifestyle along with the peace of mind that additional care is nearby should the need ever arise.

At Home with RWC is a service of Rappahannock Westminister-Canterbury and maintains the RWC mission of service excellence provided to all for whom we have the privilege of caring.

All care will be provided on a fee-for-service basis. No medical claims will be submitted to Medicare, Medicaid, or an insurance carrier. We are happy to review your long-term care policy, if applicable.

### To learn more about At Home with RWC:



804-438-4013 or  
toll free at 800-792-1444



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[www.rw-c.org](http://www.rw-c.org)



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