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At Home with RWC Offers Personal Care Aide Training Class

Successful completion to result in permanent full- or part-time employment

IRVINGTON, Va. – *At Home with RWC*, a service of Rappahannock Westminster-Canterbury, is announcing its new Personal Care Aide Training Program. The first 40-hour class for applicants accepted into the program will be held Feb. 1-7.

RWC Director of Staff Development Angela Kelly, RN, will direct the new training program. According to RWC President and CEO Stuart Bunting, Kelly's background in home health, hospital and long-term care as well as her outstanding commitment to the highest quality care and service experience make her eminently qualified to conduct this training program. She also will incorporate the expertise of other RWC staff, as well as guest speakers from the community to provide a broad-based program.

The class will cover topics such as the physical and psychological aspects of caring for the elderly, bathing, grooming and dressing, continence care, taking vital signs, medication reminders and even end of life care. Nutritional needs of the elderly, food preparation and storage, as well as special diet considerations will be covered. Also of interest, will be a segment on safety and accident prevention in the home. Personal care aides provide all of these services through At Home with RWC.

To be considered for the program, apply for employment through RWC's Human Resources department and successfully complete the initial employment screening process. Selected applicants will be hired and paid to attend the training program. Class participants who successfully meet the requirements of the program and pass the certification exam will be offered a full-time position (some part-time positions also are available).

"We are selective when hiring caregivers for our clients," Kelly said. "With this training class, we can ensure that our At Home recipients receive the same quality care RWC strives to deliver to its residents at all levels of service."

Ideal candidates for the personal care aide program include mature, motivated individuals who may be looking for a career change in the new year, parents who would like to work during school hours, and those seeking a rewarding opportunity and flexible schedule.

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At Home with RWC brings care right to the doorstep of seniors in the Northern Neck, Middle Peninsula and beyond who want to remain in their own residence for as long as possible, but whose circumstances often making living alone challenging.

To apply for the Personal Care Aide Training Program and to become an employee of RWC, download the application from the RWC website, www.rw-c.org, and email to <u>hrmgr@rw-c.org</u> or call the HR department at 804-438-4244. Class size is limited.

About Rappahannock Westminster-Canterbury

Established in 1985, Rappahannock Westminster-Canterbury is a church-related, continuing care community that provides the highest quality living experience for discerning, active senior adults. Situated on 165 beautiful acres outside the village of Irvington in Virginia's Northern Neck, RWC is home to those who want the independence and worry-free lifestyle afforded them in a tranquil, rural setting. RWC strives to provide residents everything they require for daily living right in the RWC neighborhood. Rappahannock Westminster-Canterbury Inc. is a Virginia nonprofit corporation affiliated with the Episcopal and Presbyterian churches. All religions are welcome. Learn more about RWC at www.rw-c.org.

About At Home with RWC

At Home with RWC is a service of Rappahannock Westminster-Canterbury and maintains the RWC mission of service excellence provided to all for whom we have the privilege of caring.

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